

Tylenol / Ibuprofen Regimen

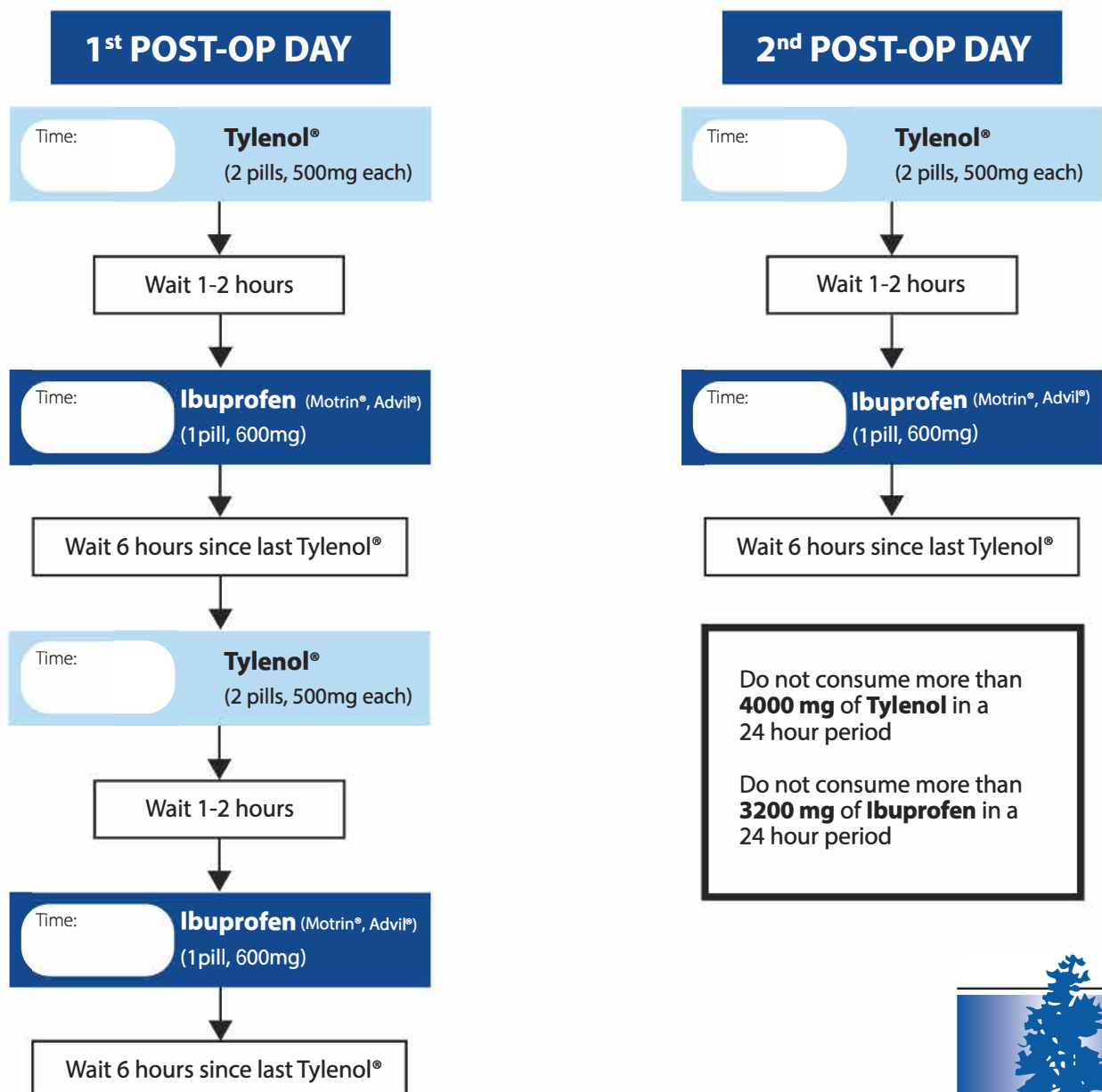
to begin the day following surgery

To best control your pain without using opioid medication, take the **Tylenol** and **Ibuprofen** alternately every 6-8 hours each day

Wait 1-2 hours between Tylenol and Ibuprofen

The **Percocet/Vicodin (generic names: oxycodone, hydrocodone)** are opioids and are to be used for pain not relieved by the Tylenol and Ibuprofen.

Use the chart below to record the times of dosages.



Please call or text our office with any questions: 303-493-1933

